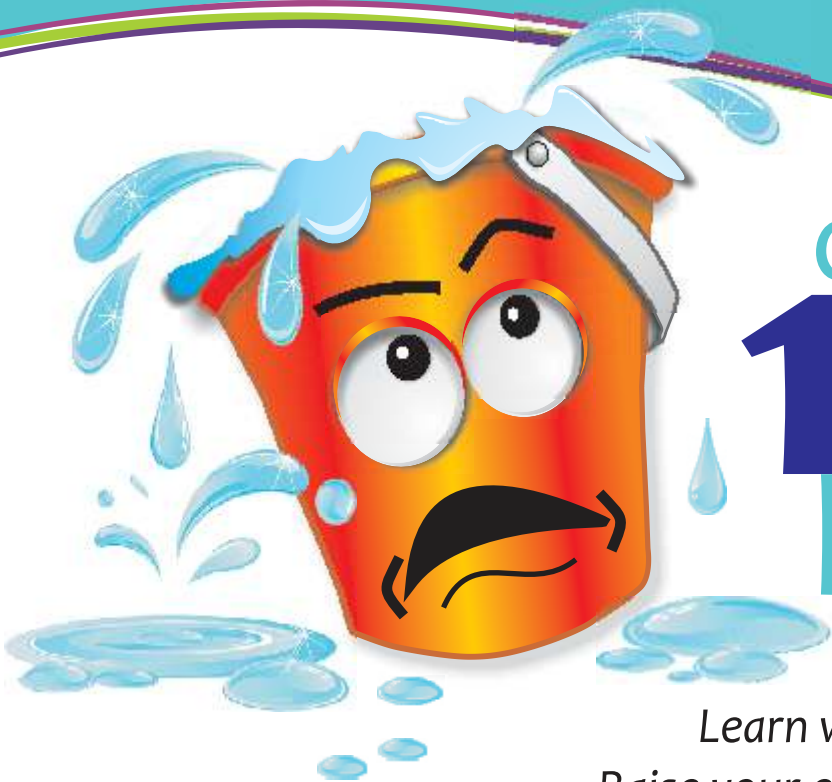


Down tools and enjoy an energising **THREE** hour fun shop!

FUN SHOP & PAMPER session

Presented by Marney Perna



discover
10 top
**STRESS
BUSTER**
techniques

Learn ways to empty your stress bucket!
Raise your energy... Because you are worth it!

Learn **5** kinesiology
self care tips

Only
\$147

Investment in YOU!
includes afternoon tea

Enjoy 3 hours of "YOU TIME" in peaceful surroundings
Let go of everyday cares and concerns
Enjoy Friendship & Fun whilst being nurtured...

Saturday 25th July 2015 1pm - 4pm

Venue The Corso, Level 2, Meeting Room 1, Endeavor Boulevard, North Lakes



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Limited numbers per session
BOOKINGS ESSENTIAL
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